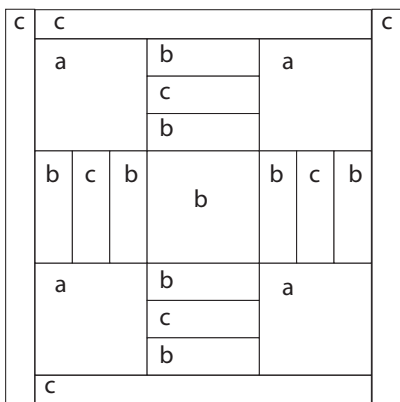
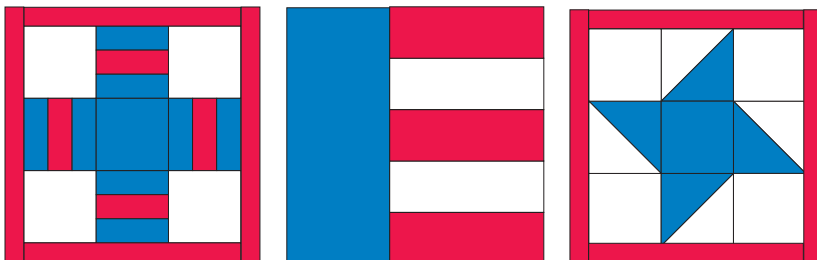


# MILITARY PRAYER SQUARES

7½" to 8" squares

Using an assortment of red white and blue, these squares fold easily into a business envelope for mailing. Use a piece of muslin as the middle layer in place of batting.



## Cutting:

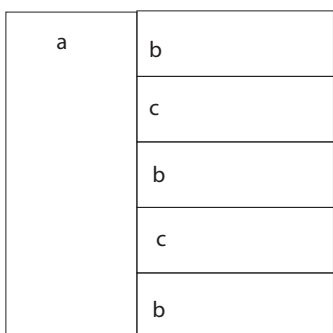
For b/c stripes: cut strips 1¼" wide x at least 11" long (two 'b' and one 'a' strip). Sew as for rail fence. Slice into four 2¾" inch slices.

Color a: cut four 2¾" squares

Color b: cut one 2¾" square

Color c: cut 1" strips for outside border.

Assemble as for nine squares. Add borders



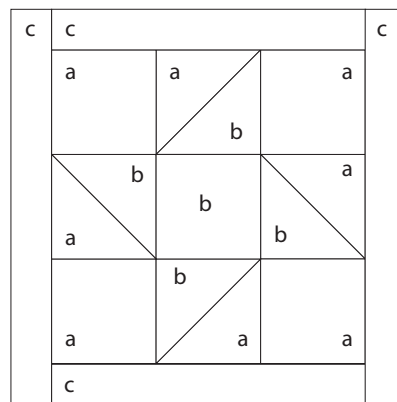
## Cutting:

For b/c stripes: cut 2" x 5" strips

Color a: cut 3½" x 8" rectangle

Assemble: Sew b/c strips together. Add color 'a' rectangle.

Layer and finish as first square. This square looks better without a border.



## Cutting:

Color a: Muslin

Cut: four 2½" squares and two 2-7/8" squares

Color b: Patriotic Blue

Cut: two 2-7/8" squares and one 2½" square

Color c: border, Patriotic print

Cut 1½" x about 9" strips

Assemble: Mark diagonal line on back of 'a' squares. Place color 'a' and 'b' 2-7/8" squares right sides together. Stitch scant ¼" seam on each side of drawn diagonal. Cut on line. Press.

Keeping diagonals as in diagram, sew each piece and each row as in 9 square. Press and square up.

Add borders as for first square.

## Layering/Finishing (for all Squares):

Cut a 9" square for backing and a 9" square of muslin for middle layer.

Place in order: muslin, backing right side up, quilt square right side down. Stitch ¼" from edge of quilt square, leaving about 3" opening for turning. Trim all edges to ¼". Turn inside out. Topstitch close to edge.

Put in about 5 prayer ties. Attach tag.

**TIP:** Use a chopstick to help get the corners neatly turned.

## Labels or Tags:

Three suggestions to attach a prayer or blessing:

1. Print verse on card stock. One sheet will hold 6 verses - 2 across and 3 down. Cut, hole punch and tie on back of square.
2. Print verse on fabric iron-on transfer sheets. Following directions for transfer sheets, iron on a piece of muslin or white fabric. Stitch on backing before layering. Pinking the edge is an alternative to turning the edge. This idea came from Sandy Huszar in Lancaster, CA, Chapter 138.
3. Print verse on paper Avery Ink Jet Labels. There are a variety of sizes. Depending on the verse, 2" x 4" to 3½" x 4" will work. Just peel and stick onto a card or tag! This idea came from Our Redeemer Lutheran Church in San Diego, CA, Chapter 11.

From St. Andrew's Lutheran Church, San Diego, CA, Chapter 187:

*May you be surrounded by God's Love.  
May He walk  
Before you to guide you  
Beside you to give you courage  
Behind you to keep you safe  
Beneath you to give you strength  
Above you for blessing  
Within you to give you  
His Peace.*

*Each knot in this square is a prayer  
aid especially for you, with love from  
(name and address of church)  
A member of Prayers & Squares,  
The Prayer Quilt Ministry*

## VERSE SUGGESTIONS:

From Sandy Huszar, Lancaster, CA, Chapter 138:

*Each knot represents a prayer said for you  
With our Love, Hope and Caring  
God Bless.  
Prayers and Squares,  
The Prayer Quilt Ministry  
(name and address of church)*

Adapted from Susan Naslund, San Diego, CA:

*We love and appreciate you.  
As you carry this prayer square,  
May you be reminded that you are never alone.  
We pray for your protection and  
that God's love give you peace  
and bring you safely home.*

