

Prayer Squares – Workshop Pattern

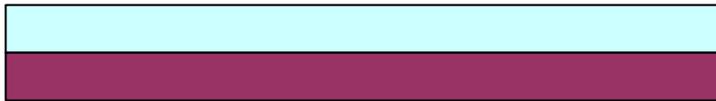
(Makes 4 blocks)

by Susan Ziegler

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Yardage Needed	1 st Cut	2 nd Cut
1/8 yd light 	1 – 2 1/2" x WOF	
1/8 yd dark 	1 – 2 1/2" x WOF	
1/8 yd medium 	1 – 4 1/2" x WOF	8 – 4 1/2" squares
1/2 yd (border) 	5 – 3 1/2" x WOF	8 – 3 1/2" x 8 1/2" rectangles 8 – 3 1/2" x 14 1/2" rectangles
1 yd (backing)  (Or 4 fat quarters)	18 x 22 inch pieces	

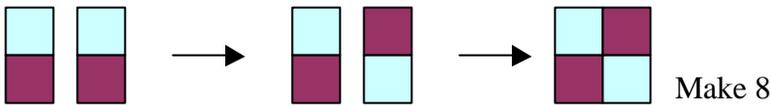
Sew the two 2 1/2" (light and dark) strips together as shown:



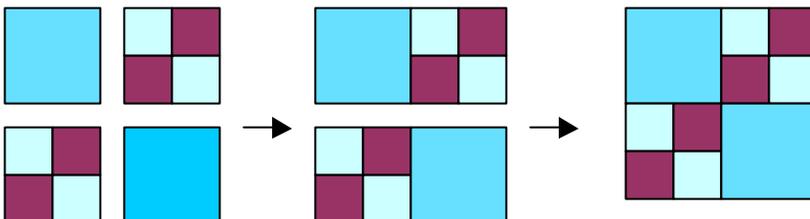
Cut 16 – 2 1/2" pieces from this strips as shown:



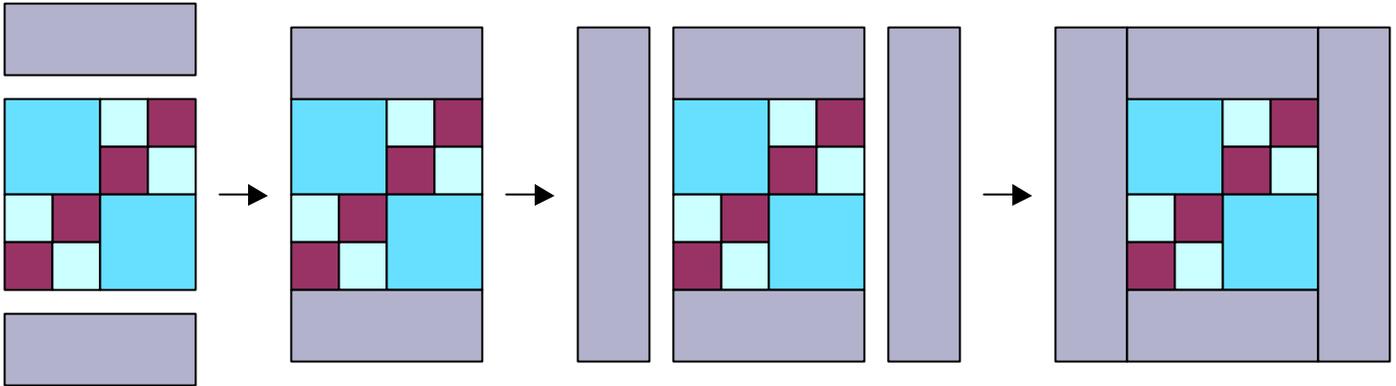
Using the 2 1/2" sections, make 8 four patch blocks as shown:



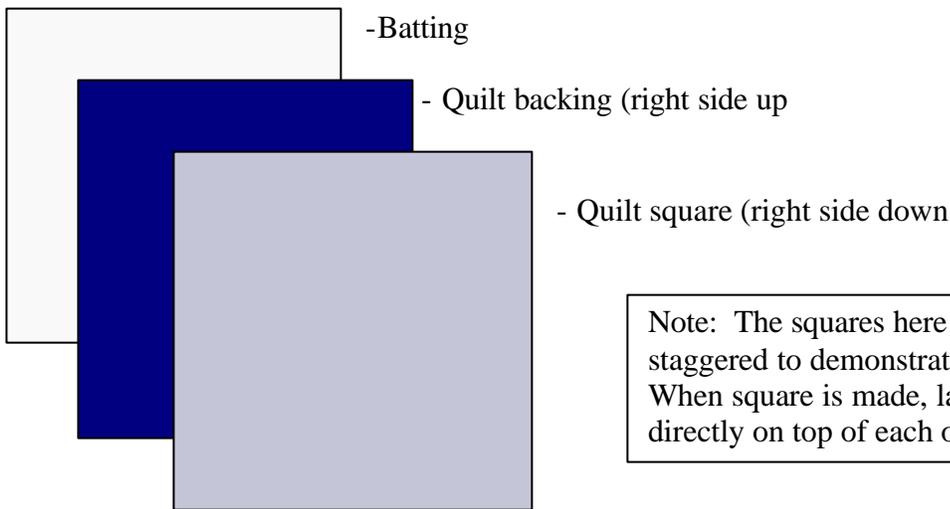
Assemble the block using the 4 1/2" (medium) squares and the four patch blocks:



Add the 3 1/2" x 8 1/2" rectangles to the top and bottom of the square. Press. Then add the 3 1/2" x 14 1/2" rectangles to the sides of the block.



Layer the quilt square with the batting and backing as shown:



Sew around the edges, leaving an opening big enough to turn the quilt square right side out.

Whip stitch the opening closed.

Top stitch around the edges-anywhere from 1/4" – 1" from edge.

Now, put in ties. The square is now ready for prayers!

Youth Workshop Note:

When working with a youth group on this project, it is best to cut all the pieces ahead of time. It is also helpful to sew the light and dark strips together and cut them into the 2 ½" pieces. At this point, there is no more rotary cutting. This removes a HUGE hazard.

Teenagers work better in pairs. Try to pair up the complete novice with someone with some sewing experience. Boy/girl pairs work well.

If there are limited sewing machine users, teen can pin and iron, while the group leader can do all the sewing. The teens, especially the boys, will be anxious to learn how to use the machines. They are great at it!

Try to make sure you have at least a two-hour block. It will take that long for the kids to complete their squares. It is important that they are given the opportunity to finish. They enjoy the sense of accomplishment.

Remember, mistakes will happen, but it is all right! The prayers are the most important part. So what if the seams don't match! So what if there is a pucker here and there! You have included an important part of the church in the prayer quilt ministry! Great job!